

Homefields Primary School

Code of Safe Practice in Physical Education

As part of my role of PE as PE co-ordinator, all teaching staff (including supply teachers), teaching assistants and other adults involved in supporting the delivery of Physical Education at Homefields should read this document to ensure that they understand its contents which is outlined below.

It is the responsibility of the P.E. coordinator(s) to ensure that this document is kept up to date and in line with current guidance/ developments within P.E and sport.

All teachers should also be aware of the book "Safe Practice in Physical Education." This will be located in Mr Jones' classroom to refer to at any time. It can provide teachers with further information regarding safety in P.E.

Our Aim

It is our aim at Homefields Primary School to ensure that ALL children learn the principles of safety in PE and that it is directly taught as an area of the curriculum.

Supervision

P.E. lessons and extra-curricular activities must be taught by qualified and experienced staff member if they are enrolled within the school, for example, a HLTA (who has been teaching for several years). Student teachers or teaching assistants (with little teaching experience) must be supervised by a qualified member of staff for health and safety reasons.

Correct Clothing and Footwear during Physical Education

All children should wear the appropriate items of P.E attire. Shorts/tracksuit bottoms and white t-shirt are appropriate for general P.E. sessions. Child may wear a school hoodie or coat depending on the weather conditions and the activity.

Specialised clothing or equipment should be worn for specific units of work, if necessary, for the activity. For example, shin pads and football boots for football, boots for tag rugby. This will be instructed by the member of staff leading the session.

Glasses can not be worn during football, specialist goggles must be advised to parents prior to a football unit of work.

In regard to footwear, children should wear either non-slip pumps or bare foot in the hall. Trainers are suitable for outdoor learning.

Jewellery must not be worn during P.E. lessons under any circumstances. Jewellery must be removed or not worn during P.E. days. Masking tape can not be used to cover earrings and children are expected to know how to put on and take off earrings independently. If you wish for your child's ears to be pierced, we recommend they are pierced at the beginning of the Summer holidays so ear rings do not have to be removed during school time.

Religious Attire and Beliefs implemented in Physical Education

The following guidance in this subheading is from the AfPE Health and Safety department and Derby County Community Trust.

Headwear such as headscarves or turbans must be tied in a safe and secure manner to avoid and injuries to the child, children around them and eliminate damage to religious wear.

Religious jewellery or amulets worn on the child's wrist will be removed for P.E. sessions. If parents or guardians wish for their child to keep the item on their wrist or the item can not be removed because of size, parents or guardians must provide a sweat band to cover the item and ensure the item is secure to the child's wrist so the pupil is safe.

Religious jewellery or amulets worn around the neck must be removed for P.E sessions. If parents and guardians wish for their child to keep the item around their neck, parents must provide a snood or scarf which ensures the item is secure so the child is safe.

Subject Risk Assessments

Please refer to individual risk assessments for the specific units of work.

- Athletics
- Dance
- Gym
- Games
- Gym and Fitness is Fun
- OAA
- Swimming